

Resources

The Peaceful Paths DELTA project utilizes a number of evidence based curricula. These curricula have been, and continue to be, evaluated with adolescent populations. Our program chooses relevant activities from the following curricula for the presentations and workshops we develop for community partners. These curricula use a primary prevention approach, meaning that their intention is to stop violence before it begins.

- Davis, R., Davison, P. & Safer, A. (1994). *Healthy relationships: A violence-prevention curriculum*. Nova Scotia: Men for Change.
 - *Healthy Relationships* has several subsections that address different topics related to violence prevention. These include: dealing with aggression, gender equality and media awareness, and forming healthy relationships.
- Foshee, V. & Langwick, S. (2004). *Safe dates: An adolescent dating abuse prevention curriculum*. Center City, MN: Hazelden.
 - *Safe Dates* provides background on dating violence as well as prevention strategies such as communication. It also includes information on how to help friends, gender stereotypes, and defining caring relationships and dating abuse.
- Katz, J. (1994). *Mentors in violence prevention*. Boston: Northeastern University's Center for the Study of Sport in Society.
 - *Mentors in Violence Prevention* uses the bystander approach to teach participants how everyone can get involved with preventing intimate partner violence. Through scenarios, participants discuss different components of IPV and discuss how they would respond as a bystander. Some examples include: battering, rape, alcohol and consent, and sexual harassment.
- Kivel, P. & Creighton, A. (1997). *Making the Peace: A 15-session violence prevention curriculum for young people*. Alameda, CA: Hunter House Publications.
 - *Making the Peace* asks participants to consider the different manifestations of violence in our culture. Some of the areas it focuses on are: the roots of violence; race, class, and gender: the difference that difference makes; and making the peace now.
- Schniedewind, N. & Davidson, E. (2006). *Open minds to equality: A sourcebook of learning activities to affirm diversity and promote equity*, 3rd ed. Milwaukee, WI: Rethinking Schools.
 - *Open Minds to Equality* offers violence prevention activities across the grade levels, with specific opportunities for elementary levels. Topics include: developing skills for building trust and communication, developing skills for creative cooperation, examining new perspectives, discrimination, and making change.
- Sjostrom, L. & Stein, N. (1996). *Bullyproof: A teacher's guide on teasing and bullying for use with fourth and fifth grade students*. Wellesley, MA: Wellesley College Center for Research on Women.
 - *Bullyproof* looks at a variety of relationships in fourth & fifth graders' lives to explore bullying and sexual harassment.
- Stein, N. & Cappello, D. (1999). *Gender violence/gender justice: An interdisciplinary guide for teachers of English, Literature, Social Studies, Psychology, Health, Peer Counseling, and Family and Consumer Sciences*. Wellesley, MA: Wellesley College Center for Research on Women.
 - *Gender Violence/Gender Justice* uses literature to explore several topics related to IPV. These topics include: boundaries, friendships, violence, and courage.

- Vasquez, H., Myhand, M.N. & Creighton, A. (2003). *Making allies, making friends: A curriculum for making the peace in middle school*. Alameda, CA: Hunter House.
 - *Making Allies, Making Friends* gives middle school students an age-appropriate version of *Making the Peace* (see above). This curriculum includes expanded focus on: diversity and alliance building; understanding and alliances across race and ethnicity, gender differences, and different classes; and dealing with violence here and now.

Additional Resources

- Centers for Disease Control and Prevention. (2007). Domestic Violence Prevention Enhancement and Leadership through Alliances (DELTA). In *Centers for Disease Control and Prevention.*, from <http://www.cdc.gov/ncipc/DELTA/default.htm>.
- Centers for Disease Control and Prevention. (2004). Sexual violence prevention: Beginning the dialogue, from <http://www.cdc.gov/ncipc/dvp/SVPrevention.pdf>
- Center for Sport in Society. (2001). Evaluation 1999-2000. In *Center for Sport in Society*. Retrieved Sept. 23, 2007, from <http://www.sportinsociety.org/files/mvp-evaluation1.pdf>
- Dahlberg, L.L., Toal, S.B., Swahn, M. & Behrens, C.B. (2005). *Measuring violence-related attitudes, behaviors, and influences among youths: A compendium of assessment tools*, 2nd ed. Atlanta, GA: Centers for Disease Control and Prevention, National Center for Injury Prevention and Control.
- Davis, R., Parks, L.F. & Cohen, L. (2006). Sexual violence and the spectrum of prevention: Towards a community solution. *National Sexual Violence Resource Center*, from http://www.nsvrc.org/_cms/fileUpload/spectrum.pdf
- Foshee, V.A., et al. (1998). An evaluation of Safe Dates, an adolescent dating violence prevention program. *American Journal of Public Health*, 88(1), 45-50.
- Lee, D.S., Guy, L., Perry, B., Sniffen, C.K., Mixson, S.A. (2007). Sexual violence prevention. *The Prevention Researcher*, 14(2), 15-20.
- Levy, B. (Ed.) (1998). *Dating violence: Young women in danger*. Seattle: Seal Press.

Related Websites

- Gainesville DELTA <http://www.gainesvilledelta.org>
- Family Violence Prevention Fund <http://www.endabuse.org/>
- Choose Respect <http://www.chooserespect.org>
- Prevention Institute <http://www.preventioninstitute.org/home.html>
- Men Stopping Violence <http://www.menstoppingviolence.org/index.php>
- Prevention Connection <http://www.preventconnect.org/display/displayHome.cfm>
- Love is Not Abuse <http://www.loveisnotabuse.com/>